



ASH

AUSTRALIAN
SPECIALIST
HUB

Patient Information

What to expect before, during
and after your examination.

1800 287 482

hello@aushub.com.au

www.aushub.com.au



Australian Specialist Hub (ASH) is Australia's leading provider of expert opinion and consulting services to the legal, government, public and private sectors.

Whether you are attending in person or via video conferencing, our medical specialists will always provide a high level of care.

We aim to make you feel comfortable throughout your appointment. This includes bringing a family member or friend for support should you prefer that

Before Your Appointment

What to Bring

- **Medical Reports:** Bring any x-rays, scans, MRIs, or reports you have. If you can't access them or no longer have them, that's okay.
- **Photo ID:** You'll need to bring a photo ID.
- **Consent Form:** You'll be asked to sign a consent form prior to the assessment.
- **For Psychiatric/Psychological Appointments:** No scans or reports are needed.

What to Wear

- **Wear comfortable, loose clothing** to allow easy access to the affected area. We recommend comfortable undergarments. Based on injury clothing recommendations:
 - Spine Injury: Loose shirt
 - Upper Limb Injury: Sleeveless shirt
 - Lower Limb Injury: Shorts or loose trousers
- **Gowns and screens are available** for your use.



How to Prepare

- **Arrival Time:** Please arrive 15 minutes prior to any appointment time to fill in the necessary paperwork. Always bring your x-rays and current list of medications.
- **Support Person:** You're welcome to bring a family member or friend for support. Your injury history will only be taken from your support person if you have difficulty speaking.
- **Telehealth:** If your assessment is via video, ensure you've filled out the Information and Consent Form provided by the referring organisation.

During Your Appointment

What Happens in the Assessment

- **Medical History:** We'll ask about your injury or illness, including how it happened and its impact on your daily life.
- **Physical Exam:** If required, a physical examination will be conducted by our experienced specialists, who will ensure your privacy and comfort.
- **Psychiatric/Psychological Assessments:** These may not involve a physical exam but will focus on your mental health and history.

What to Expect from the specialist.

- **Modesty and Comfort:** The specialist may require you to undress for this assessment partially; however, please be assured that our medical specialists are experienced professionals who conduct examinations with integrity and discretion.



After Your Appointment

What Happens Next

Our specialist will compile a report based on your history, physical examination (if applicable), and any medical documents you've provided. The completed report will be sent to the organisation that referred you for the assessment.

labelling or Rescheduling Your Appointment

If you need to reschedule, please contact the organisation that referred you.

